The Lexercise Mind's Eye Method

an introduction
The *mind's eye* refers to the experience of seeing visual images with the mind.
The *Lexercise Mind’s Eye* method is used to improve language expression and comprehension....

...in spoken and written communication using the mind’s eye.
This practice improves expression and comprehension--

-- first in spoken communication.....
... and then in written communication.
The practice begins with the clinician as speaker...

...and the student as listener.
The clinician describes a picture that the student can not see.
Step-by-step, the clinician guides the student toward making a mental image based on language, not eyesight.

“...and the sun’s reflection looks like a yellow squiggle on the water.”
The student discovers the power of *mindful listening*!
Then, with the student as speaker...

...and the clinician as listener....
...the student learns how to give a step-by-step, crystal clear description.

"...and the body of the butterfly looks like a small, black pencil."
The student discovers the power of *mindful speaking*!
The student begins to understand that to picture it is to understand it!